

KNOW THE SYMPTOMS OF SEPTICEMIA & MENINGITIS

SYMPTOMS	SEPTICEMIA	MENINGITIS
RASH Do the tumbler test. A septicemic rash will not fade under pressure. Press the glass tumbler firmly against the rash, if you can see it clearly through the glass, seek medical help immediately.	 develops anywhere on the body	 not present in all cases
FEVER/VOMITING not always present initially		
COLD HANDS & FEET		
RAPID BREATHING		
STOMACH/JOINT/MUSCLE PAIN sometimes with diarrhea		
DROWSINESS/LOSING CONSCIOUSNESS not in all cases		
SEVERE HEADACHE		
STIFF NECK		
DISLIKE OF BRIGHT LIGHTS		

If you have any or all symptoms, seek medical attention immediately.

www.meningitis.ca

SEPTICEMIA & MENINGITIS ARE VERY SERIOUS

Someone who has meningitis or septicemia
needs medical help urgently.

Trust your instincts:

- If you think someone has meningitis or septicemia, contact your doctor immediately.
- If the doctor is not available, and you think the person is quickly becoming worse, get them to the nearest hospital emergency department as quickly as you can.

NOTE: Be sure to tell doctors and/or hospital staff right away that you are concerned about meningitis or septicemia. Since these diseases are rare, health care professionals may not recognize the symptoms.



Band together
Against meningitis

Visit www.meningitis.ca to find out more about symptoms.

WHAT YOU CAN DO

Spread
awareness



Get
vaccinated



Raise funds

